AMERICAN HEART ASSOCIATION’S HONORS YOUNG HEARTS IN MEDICINE

NEW YORK—May 12, 210—The American Heart Association is honoring both cardiologists and neurologists who are leading the fight against cardiovascular diseases and stroke. The 2010 Red Ball on May 13 at 8 PM at Manhattan Penthouse supports the efforts of the American Heart Association’s Young Professionals to build longer and stronger lives and will pay tribute to the work of doctors from across New York City.

The 2010 Red Ball will honor seven Young Hearts Award recipients for achievement in cardiovascular science and medicine; each of them working to wipe out heart disease. Below, The 2010 Young Hearts Awards honorees:

William Borden, M.D., Assistant Professor of Medicine and Public Health, Nanette Laitman Clinical Scholar in Public Health, Division of Cardiology, Weill Medical College of Cornell University, New York-Presbyterian Hospital; Jonathan Chen, M.D., Associate Professor of Cardiothoracic Surgery, Director, Pediatric Cardiovascular Services, Chief, Pediatric Cardiac Surgery, New York Presbyterian Hospital, Weill Cornell Medical Center; Newsha Ghodsi, M.D., Cardiologist, Marathon Medical; Harmony Reynolds, M.D., Assistant Professor of Medicine, Leon H. Charney Division of Cardiology, New York University School of Medicine; Rafael Ortiz, M.D., Assistant Professor of Neurology and Radiology, Albert Einstein College of Medicine, Attending, Neurology and Radiology, St. Luke’s and Roosevelt Hospitals & Beth Israel Medical Center; Johanna Fifi, M.D., Assistant Professor of Neurology and Radiology, Albert Einstein College of Medicine Attending, Neurology and Radiology, St. Luke’s and Roosevelt Hospitals & Beth Israel Medical Center; Suzanne Steinbaum, D.O., Director, Women and Heart Disease, Heart and Vascular Institute, Lenox Hill Hospital.

Heart disease and stroke account for more than 36% of all deaths or 1 out of 2.7 deaths in the United States. Nearly 2,400 Americans will die of cardiovascular disease each day, an average of 1 every 36 seconds.

“Heart disease and stroke are both largely preventable,” Dr. Suzanne Steinbaum, Director of Women and Heart Disease at Lenox Hill Hospital, said. “For young people, there’s no such thing as not taking care of yourself; by eating better, exercising more, and doing it now, we can change the face of heart disease in this country.”

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About the American Heart Association

Founded in 1924, we’re the nation’s oldest and largest voluntary health organization dedicated to building healthier lives, free of heart disease and stroke. To help prevent, treat and defeat these diseases — America’s No. 1 and No. 3 killers — we fund cutting-edge research, conduct lifesaving public and professional educational programs, and advocate to protect public health. To learn more or join us in helping all Americans, call 1-800-AHA-USA1 or visit americanheart.org.
About the American Heart Association Young Professionals
The New York City Young Professionals (YPs) is a group of energetic, passionate and talented individuals (age 21-40) that live and work in the tri-state area. The YPs volunteer their time and talent to help the American Heart Association fight childhood obesity, help prevent strokes, support research and increase awareness that heart disease is the leading killer of men and women.